

**Below is an Excerpt from The Already Completed Work of Jesus' Cross Prayer Handbook**

**©1999-2008 Fullness Ministries / Alexandria**

**NOW, AS YOU GO ALONG TODAY, TAKE UP , APPLY JESUS' CROSS AND BE ARMED, EVEN AMIDST THE BRETHREN.**

**The Already Completed Work of Jesus' Cross:  
I go into it, it goes into me, daily.**

**" Take us into your Holy person today, Lord Jesus. Take us into The Already Completed Work of your Cross, daily. SonLight Be! In our understanding, today, in Jesus Name, Amen."**

**As Peter said, " What I have in Christ, Give I unto you – whew-w-w-w-w (breathing upon you)" - Alexandria**

**'Put' (bind) all trauma of yesterday, today, and perceived fears of tomorrow, into the Already Completed Work of Jesus' Cross. Bind the cause and effect of them and violently throw them off. I started out timidly putting trauma into the "boxes" of the Cross. I was thinking it was an additional burden on Jesus. When He revealed to me (and pressed into me the reality of this fact more and more as I 'put' things into the Cross) the Truth that He had already taken all the rejection, grief, sorrow etc., for all the yesterdays, todays, and tomorrows, I rejoiced and started slam- dunking (maybe 'shot-put' in some cases) that grief, etc., into that box like it had no business bothering me, staggering me, or weighing me down. (I could senselessly try to be my own God and hang on to the hurts if I wanted to take care of it myself or nurse my own wounds, feel sorry for myself, or retaliate)**

**The only True Power is Jesus' Prevailing Triumphant Power prevailing over the last 2000 plus years. I 'knew' this was a truth, but I had to 'experience' it for myself. The 'knowledge' itself of it did not set me free literally. The application of it, and experiencing results from it did. I was giving Him an opportunity to build my personal Trust in Him and His Promises. He was joyful at the prospect and we were off to a start together. By doing this I have been set free in places I had no idea I was not free... until I saw the results. Then I'd think, "oh, my goodness! I have a new attitude now." Or, it was a freedom to re-act in a new and loving way, etc. This was definitely Grace at work! Then I realized that who I had included in the Prayers as my offender was showing signs of changes by the Grace of God. New attitudes, freedoms, loving actions, etc. That was enough to**

send me to my knees in thanksgiving. This was a very simple, yet Powerful form of intercession. The Word came to me about being His 'Silent Warriors of Trust' that is in the Holy Spirit book.

**Isa. 53.** There are seven major areas the Cross covers. The freedom for all humanity to live in earth as it is in Heaven, and as Jesus prayed in Jn.17 for us to be One in Him and the GodHead to be One in us, as He is.

There were 10 Commandments for the Law, (10 most common sins) which Jesus fulfilled, all the law and the Prophets. Jesus took all the fulfillment of the law and the Prophets and compressed it into one sentence. The whole thing into one sentence! "Love the Lord your God, with all your heart, soul, mind and strength, and Love your neighbor as yourself."



All the law He fulfilled.

All Grace He released.

Likewise, All the Grace and Special Graces of His Life, Death, Burial, Resurrection, Ascension, His Throne seating of Rest next to Our Father, and His Prevailing Triumphant Power, is Forever compressed and included within the seven areas of The Completed Work of His Cross. This is not an 'it' or a 'thing' but a 'person'. Jesus. He compressed the law into one sentence and fulfilled it. He has also compressed All His Life, Death, etc. as mentioned above, into seven major areas of Grace for humanities most common seven areas of need for healing, deliverance, reconciliation, restoration...and much more. Seven simple areas, compressed with zillions of details to be released within each area. The books and meetings go into detail. I know each person will have additional personal 'detail' experiences. The ones I speak of are mine so far. I have a place on the Web-site for Testimonies. I am sure there will be plenty of encouraging ones to read and rejoice with and have Jesus' Faith built up in you. You will see.

Everything, everyone is included in these seven areas. All things, All people, are under the Son. Everything with or without a name is under the Son. I did not know what fit into what area, or category, until I started. Even when I put it in where-ever it goes, so to speak, He would show me later where it fit for future recognition and quickened resistance. There are times I am 'teary' and don't know why. I 'put' it into the Cross and usually the Holy Spirit shows me what it was and the tears are gone. He took care of even the un-known for me. My spirit knew something was wrong, but my soul wasn't interpreting, or it was not my

business to know the details, or He was teaching me Trust again. All I can say is, He is definitely God. His Cross is Complete, the Work is finished. Trust Him and see for yourself.

As I was a Christian, these had no right to dis-courage (weaken) me, 'trip' me (so to speak), divert me from the path of the Will of God, 'beat' me, 'terrorize' me, neglect me, mis-understand me, make me cry, mad or frustrated anymore! Period! All my life in this world, they may try new ways to come at me, but I have – or am 'in' – The Completed Work of The Cross of Jesus. The Cross, being the Living Resurrected, Ascended, Enthroned in His Seat of Rest next to Our Father ('seated' in rest although 'walking' in our midst), breathing Jesus, is my rock, my shield, my buckler. He, Himself, is my life of Provision, Protection, and Preservation – and yours if you are a Christian. Who Jesus is, what He has done and has given to you does not change, but your knowledge and experience of Him does. "Christ be formed in you." Your realization and expenditure of Him, in you, changes. Your humble reception and glad giving changes, in simple terms. "Christ In you the Hope of Glory." As the testimony of Peter says in the CD's song 'Rise and Walk', "Silver and gold have I none, but what I have in Christ, give I unto you. Rise and walk...."

At first you 'put' trauma over into the Cross, and **you find a new stabilizing factor** that has come from the Cross, into you (you becoming One in Him). It seems that way. Actually, you are moving into the Cross (His becoming One in you).

*Day by day* (as the Peace prayer song says) you are entering His Expenditure (His already emptied out self - resident in you), The Forever Living Will, Love, Character, Mind, Peace, Emotions, Joy, Body, Obedience, His Holy Actions/Reactions, Blood, Spirit, Name, Words of Prayer, Praise and Thanksgiving.... (and pages more) of The Prevailing Triumphant Work of Jesus Christ; and He is entering your Living Realization, or awareness, of His Living Person in you and His Living Presence with you.

For example:

Instance by instance, your spirit is moving over into the Cross (becoming One) as you 'put' all rejection into the rejection box. Instance by instance, He establishes realization (becomes One) in your spirit of being accepted in the Belov-ed. You are received, affirmed, confirmed and belov-ed in Him. Then you can pass that on by acting and speaking that realization into others in His Truth and Authority. I am utterly Loved to the core, and so are you!

**Yesterday's hurts were like old scars. They took more times putting it in the Cross to eliminate, but the memory that was always like a video replaying in loud full color and shock, was now only in black and white with no power to sting or throw me off balance anymore! Eventually it is what is part of the Opened Testimony the Lord can use, as it is only a memory (seemingly like it happened to someone else), a lesson of value, because He asks us to comfort others with what He has comforted us with in our hard times.**

**Rejection, grief, sorrow etc., have not changed their faces, but my knowledge and experience of the Truth of their lack of power changed. I too yell "FREEDOM!" - as they shouted in the movie "Braveheart". Healing and Joy are free to bubble up.**

**The Lord will jump-start new patterns of thought, feelings, expectations, desires, actions, re-actions, after you pray and put the grief etc. into the Cross. You will see it or realize it, in yourself, and in the ones that offended you that you had included in your prayers.**

**God didn't need the Cross, we did. The Work Jesus did on the Cross was done 2000 years ago. It is finished. It is a magnificent demonstration of Our Father, Jesus, and the Holy Spirit's Love for us. We need the personal awareness and experience of the Work that was done for us to know it and believe it includes us and our big or little daily needs. We start thinking, speaking, living, and walking in the Faith that Jesus has in His Completed Work of the Cross. He is "building the old waste places" as Isaiah 58:12 said, in you. Your life will not go to "waste".**

**When we know that we know what Jesus did for us already, personally, our submission to God, resisting the devil, and seeing him flee, will be a lighter burden and an easier yoke because remember, our only burden that the Holy Spirit says we need to carry is "Christ be formed in you." Anything not Loving, Joyful, Peaceful, Christ-like and edifying, goes into the Completed Work of Jesus' Cross through prayer. Out comes Christ be formed in you and in others!**

**I experienced this as the Cross behind me first for my *yesterdays*, then the Cross with me for my *today*, then the Cross before me for my *tomorrows*. It reminds me of the walking out of the scripture, "His righteousness goes before me, His Presence with me, and His Glory is my rearguard." I would not put God in a box to say that is the order of happening for everyone, but it was my personal experience. He is your personal God, your personal Father, personal Husband and personal Friend. He and you have a personal plan how He will form Christ in you, and build those old waste places by you now being willing and able to**

**build up His Reputation, or Glory, because of Jesus in you and by the Holy Spirit working through you to testify. The Kingdom of God will be strengthened and built up on earth as it is in Heaven as others hear and respond.**

**Today's attempted hurts toward you do not have to go past today when put into the Already Completed Work of Jesus' Cross by prayer. **Jesus' Confidence and Trust is transferring into us.****

**The Cross can and will, take care of itself – if you will let it. When things (angers, hurts, nasty actions, ungratefulness, jealousies, etc.) come at you, 'put' them quickly into the Cross. That is how you 'get out of the way' and let God be God and take care of it. You be obedient afterwards to whatever the Holy Spirit shows or tells you. There may be a lesson to learn (for you or the other person(s) involved and that would be for you to yield to and learn or pray for the other person(s) and put (bind) their problem, the cause and effect of it, into the Cross again for them). You will see or hear the miraculous results from the Prevailing Triumphant Power of The –already- Completed Work of Jesus' Cross. This is 'Recon it done or dead,' Rom.6: 11. Recon yours -and their – 'flesh' dead... in Christ, and you are receiving Resurrected Life in/of Christ by Jesus' Faith in The Completed Work of His Cross.**

**Tomorrow's fears, dread, and expectation of a habitual hurt of abuse or neglect or uncertainty can be bound and put into the Cross in advance by prayer and Jesus' Faith in His Cross. "Cut them off at the pass", so to speak. Again, afterwards, be sensitive to watch and listen if the Holy Spirit has a word or Light He puts in your understanding, for you to add or subtract, or change some attitude, desire, or expectation, etc. Be obedient.**

**(Here's one example- there are 7 areas of the Cross to learn to apply.) Jesus was already "rejected" among people – for you to be "accepted in the Belov-ed and highly favored with God and all people"! We are to violently take our Promised Land by force. Violently throwing off the traumas (for us and the offenders – the causes and effects) and putting them into the Already Completed Work of the Cross – box by box with growing confidence and thanksgiving, then forcibly declaring what we received and now wear as protecting, providing, and preserving offensive as well as defensive armor, in co-operation with the Lord Jesus, Our Father, the Holy Spirit and His Angels. Declare the blessing as forcibly as the curse had hit you. Like a 16-inch ball shoved down and held under the water, the Holy Spirit frees you and you pop up as forcibly and go up even higher into the air than the distance of which you were held under!**

**DECLARE AND RECEIVE WHO YOU ARE!**

**I AM A FRIEND OF THE CROSS! A FRIEND TO THE HOLY SPIRIT! A FRIEND OF GOD! A FRIEND OF THE KINGDOM OF HEAVEN!**



**This is a Life-Style. A lifetime of discovery of what The Already Completed Work of Jesus' Cross has already done for you, is doing and will continue to do.**

**Isa. CH. 53& 58.**

**The Already Completed Work of the Cross is your solution to every problem and your armor. The Work was already done 2006 years ago by Jesus – you receive (catch) it, wear it, co-operate with it as your tools for "Agape Love on the offense (action) as well as the defense (re-action)". 'Put' all the trauma that comes to your attention each day into (visualize putting it into the mailbox) the seven areas (or boxes) of the Completed Work of Jesus' Cross by prayer. Receive the opposite (you can receive by Faith the opposite for the offending party also), let it be established, declare it and wear it as your armor, and co-operate with it as in winning the previously offensive, jealous, and persecuting people into the Light of the Kingdom of God for Jesus.**

**This is needed for walking with Christians, especially carnal ones that are still worldly in their thinking, or lusty in their flesh, or prideful of their life. We Christians are all hopefully getting less and less carnal each day. We live in this world and it does tug on you all the time to conform to it and be 'blessed' instead of being conformed to Christ and the Kingdom of God and be 'Bless-ed'. Been there, done that, as they say, when I used the Gifts instead of letting the Gifts use me. What He gives me now, I have. What He is in me, I now am. What He does through and with me, I now do. Live a Bless-ed Life, in Christ.**

**This Is a Powerful Way of the Holy Spirit to extend salvation by active forgiveness through "silent" intercession between you and Him - and you will "see" His Angels of Truth do a delightful work in your life and that of the offending party. God loves us all equally and we are being like Him and acting like Him if we walk this way. We are delighting in Him, and He delights in us doing so. The Completed Work of the Cross through prayer sets us free, will keep us free, and set others free.**

**Fireworks of His Special Graces will appear in the lives of those included in the prayers. Not because we earned or deserved it, but because of Jesus and the Completed Work of His Cross that God delights in and we are in Christ and He**

**is in us and we are One in God Our Father. It is not just in word but in deed; this is the realization and expenditure of the Oneness Jesus so prayed for in Jn. 17.**

**After our initial salvation experience, we go into His Cross each day more completely by ‘putting’ all our trauma through prayer into the Cross, and by experiencing His Faith from seeing and knowing the results, we catch - up others around us, and with Jesus’ Faith the Holy Spirit imparted into us, we take them into the Glorious Cross with us, for Jesus’ sake. His Precious Completed Work of His Cross does not go to waste this way!**

**If the offending party was not a born-again Christian before, the opportunity will be offered to them somehow soon, you can be sure of that. The Holy Spirit and His Angels will gladly act on your freeing up the opportunity for them to make an offer that hopefully will not be refused. They will set up situations for a "choice" to be made.**

**The Already Completed Work of the Cross through prayer, opens up new "receptors" in your brain and new "resistors". We do receive the Living, Renewed, Mind of Christ.**

**The Already Completed Work of Jesus’ Cross will show its results to you as you lean into it (trust).**

**This is not a legalistic attempt to get you stuck in that, you receive as much or as little as you will by His Grace...Everyone is different. This is a free will offering. You are free to receive one Box from the Cross of Jesus, all, or none, and come back when you are seeking more.**

**It eliminates sin – consciousness.  
You are Loved.**

**It fills the spirit of mankind with the Love of God, stabilizes the emotional body with His Joy, changes people’s minds and hearts, frees them up to new patterns of actions and re-actions, frees them from all the results of curses of the law and hand-written ordinances, frustration, striving, strife to the Peace of God that passes all understanding. It strengthens all their weaknesses, filling them with His fullness, maturity, wholeness, integrity of Character, in their areas - relationships, finances, bodies, sex lives, etc.**

**In each general box are zillions of detailed areas that will be defined by the Holy Spirit for you when you pray and receive from the Already Completed Work of His Cross. One box, but each covering many issues with-in it. The Holy Spirit is your personal doctor, psychologist, psychiatrist, counselor, healer, pharmacist,**

**etc. with a personalized treatment or prescription for what you need to understand, receive freedom, and walk in.**

**I am to testify of my experiencing it in my own life. What is specific to me, my not be to you. So far I have diligently applied the Cross to my specific life experiences for five years at this point. I am satisfied! God's Provision, Protection, and Preservation of The Already Completed Work of Jesus' Cross is MORE THAN ENOUGH! I want no other God!**

**All the GodHead lies within and can be received through The Already Completed Work of Jesus' Cross through Prayer. He will give you His Light in your understanding. Freedom to receive results from the Work of the Cross, the Blood of Jesus, the Stripes of Jesus. Freedom again to receive the anointed, Living Word, the Sacred and Specific Will, and the Name of Jesus. The Character of Our Father, the Mind of Christ, and the Fruit of the Holy Spirit, through a very close, personal loving relationship - alive and well in the NOW – with Jesus, the Holy Spirit, and Our Father. To live in Earth as it is in Heaven, NOW.**

**Only exceeding Abundant Life in Christ we receive, because of you, Jesus, and the Completed Work of your Cross/Life, Death, Burial, Resurrection, Ascension and Prevailing Triumphant Power through Your Seat of Rest next to Our Father, being released to us, by Your Grace, Your Special Graces, and Your Mercies extended to us newly every morning. Thank you for your Love, Lord.**

**Things will not stop happening to you, but the Cross of Jesus is our solution how to walk through it and be free. The Already Completed Work of Jesus' Cross is God's Provision, Protection, and Preservation in the midst of this world. His Sacred Will is for you to Live in Him and Him in you, as One. Jn.17**

**This is a very basic outline of the Prayer of the Already Completed Work of the Cross.**

**The details are in the Book. I wanted to give an overview here. I am a person with my weaknesses and immaturities, trying to be obedient to the Holy Spirit. Please be patient with me. I cannot be idolatrized, I am already off the pedestal. I love you and thank you, so does the Holy Spirit.**

**+How to Bind (Matt. 16:19) the cause and effect of the problem and 'put' it into the Cross. For yourself and others.**

**+To apply the Work of the Cross, the Blood and Name of Jesus, the Sacred Will of God, the Word of God specifically appropriate to the need.**



**+To humbly receive the results from His Prevailing Triumphant Power.**

**+ To testify to stay free.**

**+ To humbly receive and gladly give Christ be formed in you - away to others.**

**What seems so simple, is in Truth exceedingly complicated in its results or effects. God has made it simple for us. Humanity sometimes thinks that their problem seems so complicated and difficult to deal with, that the solution should be difficult.**

**Heb.9: 14. That was part of my experience with " intellectualism" – a vanity and old curse that I bound and put into the Cross and received Light into my mind and understanding.**

**James 4:7. Jesus can put legions of difficulties to flight by your simply submitting to God, resisting the devil and Jesus makes them "flee" from you. I saw that personally in my experience of being attacked in the apartment with my children. Watch that boredom, "itching ears", as scripture says, doesn't lure you away from the Cross. The grass is not greener on the 'other side'. 2Tim.4: 1-5.**

**This is an overview, only part of the prayer and whole teaching coming out of personal experience, a personal relationship with Jesus, the Holy Spirit, and Our Father, revelation from the Holy Spirit, and the opened testimony of it - even with all my human frailties...**

**Our weaknesses do become His Strengths.**

**This is not to be legalistic to see the results. The Holy Spirit may take the general idea and 'detail' it for how you can remember it best. Some friends of mine couldn't wait for the whole book and tried bits and pieces I shared with them. They have testimonies from doing that. So let it be as simple or as 'in depth' as you want. The Cross' Power works for all.**

**I believe it best if you learn for yourself and your own life, than share it with others. Small groups to experience it together are good. It is good to support each other and share your results. Faith comes (and grows) by hearing the Word of God (can be living examples of the written Word being made to come alive) by testimonies or, sharing.**

<b>REJECTION</b>	affliction, being esteemed not
<b>GRIEF</b>	emotional
<b>SORROW</b>	mind, brain, memory, pain
<b>TRANSGRESSION</b>	actions
<b>INIQUITY</b>	reactions
<b>CHASTISEMENT</b>	strife, frustration, striving, chastisement earned or deserved
<b>STRIPES</b>	weaknesses of body, relationships, sexuality, finances...

1.As you live or testify, when "rejection" comes, 'put' it (bind whatever the cause and effect of it) into the Work of the Cross-for you and the offender, know and declare that you have on the spiritual armor of " **I (we) am (are) accepted, received, affirmed, confirmed, - Belov-ed – in Christ Jesus!**" You will see the results when you trust - put the pressure on the Cross to Provide, Protect, and Preserve as it has already done as promised in the Word. After each binding, apply the Work of the Cross, Blood, Word, and Will of God to, for instance as this box, to Your spirit. The Book goes into the details. I can't do that here. Also, the reception of the healing, redemption, revival, restoration, renewal, regeneration, recompense, reconciliation, refreshment, reformation, resurrection, and ascension by His Prevailing Triumphant Power is explained in the books.

2.When emotional "grief" (any kind of upset hurt feeling) comes at you as a new hit or up inside you as a memory, put into the Work of the Cross the cause and effect of it, (for you and the offenders). Apply the Blood and the Cross to the emotional body, receive; Know and declare, "**Let God arise and the enemies be scattered! Let Joy unspeakable and full of Glory bubble up in us now in Jesus Name!**"

3. When mental "sorrow" comes or replays (anything to upset your thinking like anger), 'put' it into the Work of the Cross and declare, "**I (we) receive Love, Power, and the Sound Mind of Christ!**" The Cross is the solution to all humanities problems. There are the seven general areas. All things, all people, all problems, all situations, all circumstances are within the seven areas of The Completed Work of Jesus' Cross and their healing, deliverance, redemption, revival, restoration, renewal, regeneration, recompense, reconciliation, refreshment, reformation, resurrection, ascension, is sustained by His Prevailing Triumphant Power forever released and waiting for those who will humbly bind their trauma and put it into the Cross and humbly receive His Acceptance, Joy, Mind, Mature Loving Actions, Mature Loving Re-actions, Peace, Strength Maturity. Receive.

4. When "inappropriate or immature actions" (transgressions) come at you, 'put' it into the Work of the Cross through prayer, apply the Blood and Name of Jesus, the Cross, Word, Will of God and declare, "**I (we) receive your higher Christ – like actions.**"

5. When "inappropriate or immature re-actions" (iniquities) come at you, 'put' it into the Work of the Cross Apply.... and declare, "**I (we) receive your higher Christ – like ways of re-acting.**"

6. When "frustration, striving, strife, curses, legalism, (or chastisements) you earned or deserved" come at you, 'put' it into the Work of the Cross, apply the Blood, Cross etc, and declare, "**I (we) receive the Peace of God that passes all understanding.**"

7. When "weakness" from lack strength of knowledge, maturity, integrity, or fullness, in any area like relationships or finances, sickness, character, education, gifts, talents, (can be spiritual weakness, mental weakness, emotional weakness), a lack of any kind, comes at you or is revealed within you, bind the cause and the effect of it, and through prayer 'put' it into the Work of the Cross and apply the Seal of the Blood, Cross, Word, Will, and Name of Jesus and declare, "**I (we) receive your strength, maturity, integrity, fullness, wholeness, completeness, soundness In Christ, in Jesus Name.**"

This is a sampler of what is in the books. It is not the whole Testimony. It is a Living Will and Testament, changing as I live. Please pray for me to get the books finished and printed and the CD too. I know you need this. The Lord has told me to focus, because so many are waiting and if they have to wait too long they move into something else that will not help them. Thank you.

**The Already Completed Work of Jesus' Cross through prayer, cuts off the  
wasting destructive power of trauma replaying in attempt to transfer from our  
yesterdays,  
it frees up our todays,  
and projects (catapults) freedom into all our tomorrows by His Prevailing  
Triumphant Power.**

**The Truth you now know and experience, has set you free and will keep you free.  
Provided for, protected, and preserved.**

**Surely, Our Lord and His Prevailing Triumphant Power from His Already  
Completed Work, is the same yesterday, today, and forever! For ALL of us! WE  
are His Belov – ed!**

**Peace and GoodWill,**

**Alexandria +  
The Lord's City Resting in the Cross**

*©1999 Alexandria/Fullness Ministries/ [www.fullness.org](http://www.fullness.org)*