

# SonLight and Laughter

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Alexandria and Friends



The Lord opens our *New Year* for us in Fullness Ministries beginning in each October. Harvest Time!

*Contemplating Changes* is the once- a- year October report of projections seen to be coming in the next year.

*SonLight and Laughter* is the monthly happenings, results, testimonies, and updates on those yearly projections.

Feel free to print this out and read in your quiet time.

This is for your monthly benefit. The Lord always 'unfolds' as we go along. So this newsletter may take new shape till it finalizes in style. Thank you for your prayers and patience.

Faith comes by hearing and hearing by the Word of God. The Word of our Testimonies release great Faith for they are the Word (Jesus and the Completed Work of His Cross) revealed to us, applied, and experienced. The sharing of the results through prayer and speaking, writing, (even painting, and so on), with Thanksgiving-releases that same SonLight into others. Into those close and those far around the world in the Body of Christ. The same Anointing may manifest a bit differently in each individual. But it is Faith from and in Jesus and The Completed Work of His Cross that is triggering His

Prevailing Triumphant Power at work. Not because you did anything right or good, but because of Jesus and the Completed Work of His Cross. To the credit of the GodHead and their Kingdom come in earth as it is in Heaven.



“Come on! The Light is breaking forth! Let us receive with Thanksgiving! Light Be! In our understanding today, as we tread the path God gives us in His River of Life,” Alexandria.

Dante wrote so beautifully in his *Paradiso* book (translation by John Ciardi I think is the best) about a symbolic River (Jesus' Precious Blood) to wash away the sin of human weakness and the negative memory of sin and its results of negative thinking, expectations, and therefore reproduction of that negative experience, away from your mind. That is what is represented by the river of Jesus' Blood that flows from Him on His Cross on each of our book covers, Jn.19:34,37, Rev.1:7, Ps.46:4-5. It is symbolically displayed as the 'Red Ribbon' and the SonLight. We who are Christians all have 'pierced Him' and have washed in His precious Blood and water that flowed from His pierced side for His Church and continue to, as we follow the Path of His Blood through our Redeemed Life In His Will, Jn.19:34,37. Our Life is In His Blood, Lev.17:11, Rom.3:23-26. The River for Dante changed into a River of Light. He said he plunged his face in to drink of Paradise and drinks the Light in with his eyes.

“No babe in arms that ever wakened hungry  
from having slept too long could turn its face  
to its dear Mother's milk more eagerly

than I bent down to drink in Paradise  
of the sweet stream that flows its Grace to us,  
so to make better mirrors of our eyes.

No sooner were my eyes' eaves sweetly drowned

in that bright stream to drink, than it appeared  
to widen and change form till it was round.”

Paradiso Dante Canto 30:82-90

Ooohhh, makes me cry when I read the beauty of that. I receive, I receive, I receive, Do you  
too?

With SonLight entering his intellect, it was the beginning of partaking of the mind of God  
and having spontaneous intuition from the Holy Spirit, as heavenly souls do by their  
Graceful union with the GodHead, in earth as in Heaven: Producing Bliss.

“Light of the intellect, which is Love unending;  
Love of the True Good, which is wholly bliss;  
bliss beyond bliss, all other joys transcending;”

The Blood of Jesus becomes SonLight. And as the Bible says, “The Blood  
speaks,” Lev.17:11 & Heb.12:24 of All Good Things pertaining to Life In Christ. His Blood  
speaks Life into us and through us into others. We are carrying Jesus In us and The  
Completed Work of His Cross as we travel the Will of God Path of Redemption for our  
personal life. His Blood cleanses us so we never have to remember we were hurt, or we hurt  
another... again. We are freed to ‘see’ from His Higher Viewpoint, think with His  
clear Higher positive Thoughts, and act and re-act in His positive Higher Ways. Dante, a  
Christian and a Poet, elegantly wrote by Grace to release SonLight in the reader’s  
Understanding. He is renowned for the *Inferno*, but *Purgatorio* and *Paradiso* are far greater in  
my estimation. He was not perfect in his understanding, but neither are we. So we glean  
what is Good and True and everlasting from Christ In the form of each other. Some we will  
‘catch’ now, some later, and some years later when we least expect it.

To boldly testify what we see, hear, and experience from the SonLight and Laughter  
of the Lord... for the Lord’s foremost way of spreading and establishing His  
Kingdom is Word of mouth:

“O splendor of God Eternal through which I saw  
the Supreme Triumph of the One True Kingdom,  
grant me the Power to speak forth what I saw!”

Paradiso Dante Canto 30:97-99

[Try This Experience Yourself... at Sunrise](#)

[This really is a photo of our back yard God has given us. His Light really breaks forth into  
our little part of the world. Captured early one morning from the deck, so apt was the light](#)

breaking forth through the trees and the river below was sparkling with light 'crosses' upon its waters. Hear the beautiful music of creation? Rejoicing in its offering? "Barber: Adagio for Strings" by the Milwaukee Symphony Orchestra (I grew up in Milwaukee )is the song I hear at sunrise and when the light breaks forth through the trees like in the photo up top. Play this song at sunrise. O-O-O-O-H-The center part of the song catches your breath midway so as to not disturb or miss a single exquisite note as it captures your attention and you rise with it (and the sun at sunrise) to new heights and are held... enraptured.

“...an aureole burst all about me,  
swathing me so completely in its veil  
that I was closed in Light and could not see.

‘The Love that keeps this Heaven ever the same  
greeted all who enter with such salutation,  
**and thus prepares the candle for His flame.**’ “

Paradise Dante Canto 30:49-54

Feel the light, and the SonLight, infuse into you. Run Into Jesus and His Cross, not away from Him. Bind and put any 'disturbances'(traumas, disappointments, hurtful memories, dreams...) you remember at this time Into Jesus and The Completed Work of His Cross. Embrace Jesus and the Completed Work of His Cross, and let His new viewpoint and humor come forth. Let the warmth of His Divine Love comfort you.

Things in the natural often represent or reflect the spiritual, Rom.1:20. God Is Here and He Loves You. *"His Light and Laughter be! In you today and every day! 'Seeing' All Things with the eyes of His humor, In Jesus Name."*

By His Grace, Be Lite-hearted, full of Light, Easy-going, and Resting all the while you work, Matt.II:25-30.

*"Preparing the candles for His Flame."*

This is a Personal Discipling of All Things by the Lord and His Holy Spirit, Our Hand of Heaven Friend, to you who are humble, receptive, and dedicated.

(This is why we refer to this scripture as our book's dedication also.)

“ At that time **Jesus answered** and said, **I thank you, O Father**, Lord of Heaven and earth, because you have hidden **these things** from the wise and prudent, and have revealed them to **babes**.

Even so, Father; for so it seemed good in your sight.

**All Things** are delivered unto Me by My Father, and no man knows the Son, but the Father; neither knows any man the Father, except the Son, and he to whomsoever **the Son will reveal Him**.

Come unto Me, All you that labor and are heavy laden, and I will give you Rest.  
Take my yoke upon you, and learn of Me; for I Am Meek and Lowly in Heart, and you will find Rest unto your souls.  
For My yoke is Easy, and My Burden is Light." Matt.II:25-30

Remember the Holy Spirit's Word to us...

**"The only burden I would have you carry is Christ be formed In you!"**

Know that I am endeavoring to learn how to 'release' in writing, All Things the Lord reveals to me as I experience them. Rather than explaining too much. (Says she who is up to about 6 pages so far for a newsletter!) I seek and grow daily also. I want to jump-start you in seeing and understanding Revelation Knowledge In Christ, in general areas like an Overview Outline of understanding. The Holy Spirit will personally teach you All Things in detail in your way of understanding it. In your language, so to speak, In Jesus' Name. Then you release Him, His Cross and Anointing to others and see them 'catch' Him and receive in **their** language (their own way) All things He will teach them in detail. The beam of SonLight extends (receives you), widens (reveals in you), and blazes (releases in and through you) farther on around the world with each person.

Please Pray for me and All those coming to testify this way. Thank you.  
We pray for you...

*"Lord, Let there be obvious results of this application that the people see or hear that will encourage them. Cause them to share the results. For Your Credit and Kingdom, because of You Jesus and The Completed Work of Your Cross. Light and Love be! In your understanding today, In Jesus Name. "*

(Send us good results of applying Jesus and the Completed Work of His Cross too)

## PRISMS

I always loved prisms as a child. My Grandmother would hang the prisms from off her hall lamps, in her windows for me to enjoy as the light and colors 'danced' for me in surprise places on her walls. They fascinated me. I see why now. Writing is a prism from the Lord to me, and I pass it on to you by Grace. All Things of Jesus are within the 7 colors (symbolic of 7 Covenants, 7 Dispensations, 7 Seals, 7 main Gifts, 7 church sins to overcome, 7 Feasts, etc.) of the prism as it is put in the SonLight. Many more of His colors are there but we do not see them with human eyes. We need the Holy Spirit to give us His special Graces to receive His Eye Vision to see beyond the natural or carnal.

True spiritual intelligence is not only multi-directional, but *multi-dimensional*; His Higher Thoughts and Ways, Isa. 55:8-9. No wonder we seem 'a peculiar people' to those who are not this way and think with only their natural trained intellect from before they are born

again of the Holy Spirit In Christ (1Cor.2:13-16), or earthy carnal intelligence (Rom.8:6) when they are born of the Holy Spirit but have not Love, Power, and the renewed, sound Mind of Christ (2Tim.1:7-8). We are different in a Good, God Way. So rejoice when you hear, "Good God, what is she talking about?" Or, they get this, "Huh?????" look on their face. Know you are reflecting HIM. It is His testimony in action. Ha! They may think you are the dense one because they do not understand you, (and they condemn that which they do not understand to boot) when in fact it is they who are **lacking (deficient)** understanding and are the 'blind, deaf, and dumb' if I may say so! Ha! How funny this world is.

Whatever your strong Blessing is 'from above' - spiritual intellect and intelligence In Christ- the world, people in their flesh, and the devil has an opposite and perverted way of operating in the 'lower' version of it. Even though they seem the majority, they really need what you have from the Mind of Christ In the GodHead. "Lean not to your own understanding", but His Higher Understanding, Prov.3:5, and having 'His Wisdom from above' instead of from the earth, James3:13-17, are beginning examples. The counterfeit is the world, people's flesh and the devil's version.

I had a friend give me a Word from the Lord about this. I was crying and sniffing. He did not know why. He does not know what prophecy is, so the Lord inspired him to bless me with words from the Lord Himself, in spite of all that.

*He said, "You are more than enough. (I knew he meant Christ In me) The deficiency is in the others!"*

WOW! The Holy Spirit went into me with that word and instantly triggered healing in hundreds of places within me like filling a honeycomb with His Honey. I laughed, as all those little places were filled with His LovingKindness for all people who did not have His Understanding, but had operated in their own understanding (especially authorities in my life) and had de-valued me, hurt me, or discouraged me by making me think something was wrong with me (that I was marching to the beat of a different drummer), or condemned me for what was really my special Gift from God to release to all- including them. Here I was carrying a blessing In Christ for them to receive and benefit the whole Body of Christ and the Kingdom of God. To live in earth (earthen vessels) as it is in Heaven. We come In the Name of the Lord and are His Blessings. We are not a bother, we are a Blessing!

The Honey of His Patience went in also to extend to all; the Patience He has had for me. I got the point that He puts me with all these people without His Understanding and Love because that is what He wants me to pray for (the Completed Work of Jesus' Cross Prayer started the release of impartation), speak to, and impart into them In His Name and for His Credit. They could do no better until they receive. Not always from just me. God tried in many ways to get through to them. Here I was frustrated all those years wondering why I was never with anyone who understood. I had decided the deficiency was me. (this is one of those 'roots' the Completed Work of Jesus' Cross Prayer revealed with time.) I received for

myself, but gave up on ever getting anything across to others for their benefit. Ah, the secret lies we have believed and the damage done, all go into Jesus and The Completed Work of His Cross. The Milk of His LovingKindness and the Honey of His Patience fills us with All His Good Things. I am sooooo thankful for that Honeycomb In me! Aren't you thankful for it in you too?

*May He fill you up with His Milk and Honey, In Jesus Name. "What I have In Christ, give I unto you, whewwwww." I breathe upon you, the Breath of The Holy Spirit. I say the same thing the Lord said to me through my friend, "You are more than enough! (Christ In you) The deficiency is in the others!"*

(This is where the revelation of the 'whisper' part came in the "Come Up Here" song on the Darkness To Dancing CD. The Lord whispering for you to Come Up Here to the Sea of Glass and receive His Milk of LovingKindness and His Honey of Patience In you.)

And the Word, the Light, Love, **Jesus**... does not return void (Isa.55:11). He accomplishes that which it was sent forth to do according to the Will of God and He also prospers it. (What He has you pray, speak, share of Christ In you the Hope of Glory always succeeds and prospers because Love and Patience always win)

*"To all the Primal Light sends down Its Ray,  
And every splendor into which it enters  
receives that radiance in its own way.*

*Therefore, since the act of Loving grows  
from the act of recognition, the bliss of Love  
blazes in some of these, and in some it glows.*

*Consider then how lofty and how wide  
is the excellence of the Eternal Worth  
which in so many mirrors can divide*

*its Power and Majesty forevermore,  
Itself remaining One, as It was before."*

*Paradiso (translation by John Ciardi) Dante Canto 29:136-146*

He will give you His Patience, Peace and LovingKindness, as others 'get the drift' of SonLight. It took you time to catch Him, learn of Him, and receive His Wisdom and Understanding from above; His Revelation Light and Love, too. It takes time to make room in your Inn for Christ In you the Hope of Glory, and time to receive, and time to grow. Jesus increased (grew) daily too, in Wisdom, Stature and Favor, with God and man, Lk. 2:52. We

can't go from 6months old to 20 years in the natural or spiritual. It takes time. He extended His Patience, Peace, Light and Love into you for your growth In Him, by His Grace. It becomes your turn to do that for others by His Grace, Love and Timing.

**The GodHead is making you a Living Intercessory Life of fasting and prayer that He has exemplified (Rom.8:34, Heb.7:24-25) and chosen, Isa.58:5a.**

He Provides, Protects, Preserves.

He goes out in front of us, He is with us, and He is behind us!

“Then shall your (His) **Light break forth like the morning**, and your health shall spring forth speedily; and thy (His) **Righteousness shall go before thee**; the **Glory of the Lord shall be thy Rearguard**.

Then shall you call, and the Lord shall answer; you shall cry, and **He shall say, Here I AM**. If you take away from the midst of you the yoke, the putting forth of the finger, and speaking vanity,

And you draw out your soul to the hungry, and satisfy the afflicted soul, then shall your Light rise in obscurity, and your darkness be like the noonday,” Isa.58:8-10.

He goes on to promise He will guide you continually, satisfy your soul, make fat your bones (no osteoporosis), fresh as a watered garden, and faithfully flowing as a spring of refreshing water. Isa. Chapter 58 is the scripture behind SonLight and Laughter, forming it at this time. And of course, our heart is always Chapter 53 of Isa. speaking of The Completed Work of Jesus' Cross, and Col.2:9-10, saying Jesus is the Fullness of the GodHead Bodily and we are Complete In Him.

## APERTURES OPENING

Jesus' Birthday gifts to us are pouring in. Apertures are opening and His SonLight is beaming into our spirits, souls and flesh. Revealing, healing, delivering, strengthening, maturing, and increasing in form of the Full Stature of Christ In us the Hope of Glory.

Our Gifts to Him are our rejections, grief, sorrow, wounds, bruises, strife, and weaknesses in **general**, and then He also reveals the **specifics** and the **root** of each curse after you have put them by prayer Into Jesus and The Completed Work of His Cross. It can be a layer by layer healing process, or an all- at- once healing and freedom. He already took the power of All these hurtful things away 2000 years ago (and the power of the spirits behind them), so He is thrilled when you realize it, walk and live in what He knows He already did for you.

Your reception of His Gift to you from 2000 years ago, is your gift to Him.



You put a smile on His face as you 'make room in your inn' for Him In you by releasing All the old traumas into Jesus and The Completed Work of His Cross by prayer.

Speak *"Light Be! In my understanding today! In Jesus Name."* into yourself. You will see The SonLight results forming Christ In you in new places with His Higher Thoughts and Higher Ways.

We want to Love ourselves and all people with God's Love, not curse them. Not even unintentionally.

*"Holy Spirit, cause us by Your Light, Love, and Grace to make more room in our inn for Jesus, be filled with His Light and Love, and then give it- release it- to others, In Jesus Name. Cause us to give you credit and testify."*

### A Thanksgiving Anointing is released in you.

For all year round. Release it into others by Grace. Share it, and pray –release it by prayer- to all those willing to receive in the Body of Christ around the world. Your State of Thanksgiving reveals your state of maturity with the Lord. It reveals how focused you are on Him. How dependent on Him are you for All Things pertaining to Life. How much do you see that He has done and is doing for you? How much of your attention does He have? How much of your heart. How much of your appreciation. How much of your time and life. This seems so simple, but it is not in the daily living out of it.

### A DREAM

I have one more thing to be Thankful for. A bi-i-i-ig thing to me. I had a dream, about 15 years ago. I was in a big classroom, in the front row. Such a rumpus was going on behind me! Strife, and people upset- I did not want to stay here. I kept leaving and going outside. I had done this a few times before and I'd wind up back in the classroom again. This day I went out thoroughly repulsed by that loud obnoxious bunch, and walked far into the countryside to a beautiful country road with trees lining the sides, birds singing, blue skies, and sweet smelling flowers. Ahh, I was feeling the peace of it as I walked down the middle of the road. I was content to never go back, but just keep walking in peace.

Well, soon these huge Angels of the Holy Spirit surrounded me and began to kindly explain that I had to go back to the classroom, and to please stay this time. They were insistent and shooed me along kindly. I was impressed that I could not keep doing this. I did not want to go, but I knew I had to. I understood that the peace in the country was a peace without altercation, resistance, and struggle. This peace I understood. I did not have to fight for it. It just surrounded and offered itself to me. The Will of God for us is True Peace. Even in the face of resisting un-pleasantries. They took me back, and I sat in front of a big blackboard (a green one really) while the Holy Spirit and these Angels taught me wonderful things. They were writing on my heart. Nothing was on the blackboard. I understood it all in my heart. My attention was caught up more this time on what I was learning in His Presence, rather than on the rowdy rebellious people around me. I decided I would stay this time. That was

Grace. All the colors of this Prism, ('All Things' Jesus expounded to His disciples when He took them aside, Mk.4:34) were being released from within my heart In Christ Jesus. His Anointing was teaching me All Things I needed to know, 1Jn.2:27. Repentance and His Understanding had come forth and won His Peace In my heart, Mk.4:11-12.t. All those disturbances had been me. That was the end of the dream.

Now, this month I realized that when I saw the photo of our backyard with the path to the river, that the Lord has combined that classroom (with His True Peace within that passes understanding that comes from cooperating with His Will for you) with the beauty and natural peace of His creation in the countryside. I don't desire to walk away anymore. When the classroom gets hard, I can sit on our deck awhile and His essence of beauty from the trees, birds, flowers, and river submitting to His Will for them, settles me quickly. I submitted all those years ago, and He graciously gave me **both** of what my heart desired. I AM THANKFUL. Makes me cry. This was a big realization for me. All because of Jesus and the Completed Work of His Cross. Laughter with great appreciation to the Lord, will come now. May He reveal to you how He has given you a desire of your heart for this Thanksgiving also.

This last reading exemplifies perfectly how I felt in the peaceful countryside.

### A Reading

(Try Reading this out loud at Sunset with Pachelbel's Canon in D major playing. Wow, what a way to end your day...)



Photo Galt Technology

March 11th reading God Calling by A.J. Russell  
(two ladies were listening to what the Lord was speaking to them and writing it down)

"Draw Beauty from every flower and Joy from the song of the birds, and the color of the flowers.

Drink in the Beauty of air and color. I Am with you. When I wanted to express a beautiful thought, I made a lovely flower. I have told you, reflect.

When I want to express to man what I Am- what My Father is- I strive to make a very beautiful character.

Think of yourselves as My expression of attributes, as a lovely flower is My expression of thought, and you will strive in all, in Spiritual Beauty in thought- power, in health, in clothing, to be as fit an expression for Me as you can.

Absorb Beauty. As soon as the beauty of a flower or a tree is impressed upon your soul it leaves an image there which reflects through your actions. Remember that no thought of sin and suffering ever prevented My seeing the beauty of the flowers.

Look for Beauty and Joy in the world around. Look at a flower until its Beauty becomes part of your very soul. It will be given back to the world again by you in the form of a smile or a loving word or a kind thought or a prayer.

Listen to a bird. Take the song as a message from My Father. Let it sink into your soul. That too will be given back to the world in ways I have said. Laugh more, laugh often. Love more. I Am with you. I Am your Lord."

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I have told you a lot more than I planned on at this writing. Sunrise to sunset...Ha! A Day in the Lord is 1000 years – I have lots of writing yet to do! But, I am Thankful for the privilege of knowing you and writing to you, and for you taking the time to be with me, even though I am 'long- winded'. The Lord wants to flow All Things of Himself into you and through you into others. Receive what you can with Thanksgiving and the rest will catch you and try again later.

From within the Bliss of His Love and Light that never ends or quits,  
*"Peace and GoodWill,"*



**Alexandria**  
City Resting in the Cross

- + Please inform us when your e-mail address changes
- + Or if you want to be off our list
- + Please send us testimonies of results from applying The Completed Work of Jesus' Cross. (Remember to print/read The Overview of The Completed Work of Jesus' Cross Prayer HandBook from off the website)

+ Please send this e-mail to a friend and encourage them to visit the Website [www.fullness.org](http://www.fullness.org)

+ Come visit us often, too [www.fullness.org](http://www.fullness.org) See you later!